**Standard lesson notes**

**NEWS LESSON NOTES FOR P.1 TERM I**

**Theme: Our school**

Def. A school is a place where we go to learn.

How I come to school?

Whole class discussion about how (they)

Children come to school. (orally)

I come to school by car

I come to school on foot etc

**Activity**

Draw your self-coming to school

**Things on the way to school**

Plants e.g. trees, grass, flowers, banana plants etc

Buildings e.g houses, shops, schools, churches , banks etc

Vehicles e.g. cars, buses, motor cycles etc

Animals e.g. birds, cows, goats, cats, hens , dogs etc

Roads

**Activity**

Draw, name and colour three things on your way to school

**Dangers on the way to school**

Car knocks, dog bites, thieves, kidnappers, snake bites, drowning, electric shock and insect stings.

**Activity**

Draw and colour the dangers on the way to school

**People in my class**

Name and stream of class

Names of the teachers in the class

Children in the class e.g. boys and girls

Number of children the class

Boys girls

1. 1
2. 2
3. 3
4. 4
5. 5

**Things found in the classroom and their use**

Chalkboard tables broom bags

Charts class rulers pencils books

Duster shelves wall clock ruler

Tables chalk nature table

**Activity**

Draw and name four things in your classroom

**Uses of the things in the classroom**

Fill in with the correct words.

We use tables for writing from

Chairs are for sitting on

Teachers use chalk to write on the chalkboard

John uses a pencil to write in his book.

We put rubbish in the waste paper basket

We use brooms to sweep our classrooms

Mat, doormat, rags, duster etc

**People in our school**

Naming the people found in our school.

Headmaster nurses pupils cleaners cooks

Guards administrator matrons librarians

Drivers secretaries

**Name and colour these people in our school**

|  |  |  |  |
| --- | --- | --- | --- |
|  |  |  |  |
| Nurse | Teacher | Guard | cooks |

Work of people in our school

Teachers – teach children

Cooks – prepare and serve food

Pupils – learn in class

Nurse – treat and care for the sick people.

Secretaries – type letters, homework and examinations

Librarian – lend school books to teachers and pupils

Cleaners – clean the class and toilets

Guards – protects school property

**Work places of people in school**

Teachers classroom

Cooks kitchen

Librarian library

Headteacher office

Nurses sickbay

Secretaries office

Bursar office

**Activity**

Draw and name three people and their places of work

**School needs**

School needs are things we need to use at school e.g classrooms, toilets, chairs, tables, compound, chalk, plants, pencils, charts, water, food, books ruler, broom, teachers, electricity, dustbins, waster papers basket, medical care (nurse) , security.(guard).

**Activity**

Draw and name three school needs

**Uses of school needs**

1. Classrooms – to protect us against bad weather and to study from it.
2. Pencils – we need pencils for writing with
3. Teachers – use chalkboard to give instructions
4. Waste bins- water papers , basket are used for putting in rubbish
5. We need chairs for sitting on
6. We need food for growth

**Activity**

Draw yourself using a pencil

**Symbols of the school**

School symbols make a school different from other schools.

These are

School uniform, school motto, school prayer, school flag, school badge, school sign post, school name, school anthem.

**Activity**

Name and colour these school symbols

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**Uses of school symbols**

Symbols tell people about our school.

Uniforms make us look smart and different

The school motto guides and encourages learners to work hard

Sign post helps people to find our school easily.

**School rules**

Do not fight

Do not shout in class

Do not got out without permission

Do not steal

Keep the school property safe

Keep the compound clean

Do not come to school late

**Different school activities**

Writing

Reading

Sweeping

Weeding

Dancing

Playing

Singing

Watching video

Digging

Listening to radio

**Activity**

Draw yourself doing any activity done at your school.

**Keeping the school clean**

How do we keep our school clean?

Sweeping the compound and classroom

Slashing the compound

Weeding flower gardens

Mopping the classroom

Dusting the tables and chairs

Picking rubbish and putting in the waste bins

Burning rubbish

**Cleaning the chalkboard.**

Arranging the things in our classroom

Proper use of the toilets

Flashing toilets

Removing webs

**Things we use to keep our school clean**

Brooms slashers hoe axe water rag waste bins rake soap basins

**Activity**

Drawing and naming any three things we use to keep our school clean.

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**THEME OUR HOME**

Def; A home is a place where we live.

**Things which make up a home**

Buildings, people, plants, animals, compound, garden, toilet/ latrine, dishrack, bathroom, kitchen, stored/granary, rubbish/dustbin

**Family**

Def. A family is a group of people related by blood or marriage.

**Types of families**

Nuclear family extended family

**Nuclear family**

It is a family with father, mother and their own children.

Draw and name members in a nuclear family

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**Extended family**

It’s a family with father, mother, children and other relatives.

**Members of an extended family**

Mother, father, children, relatives e.g. uncle, aunt, grandmother, grandfather etc

**Needs of a family**

Land, houses, education, food, clothes , love and care , shelter, medical, security, land.

Draw and name four needs of a community

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**Uses of family needs**

Food – to make us grow and be strong.

Houses – for shelter

Clothes – for keeping our bodies warm and smart

Land- we grow crops in it, we graze animals in it, we build houses on it, we play games on it.

**Ways of getting family needs**

We grow food in the garden

We buy food from the market, supermarket and shops.

**Houses**

We build houses

We buy or rent houses

**Clothes**

We buy clothes

**Education**

We get education from school

**Roles of family members**

Parents

Pay school fees

Buy clothes for the family

Work for the family

Care for the family members i.e. medical care, security and cook food for us

Provide shelter for the family

**Roles of children**

Children help to wash dishes, clothes

Mopping the houses

Children help in the garden

**Children help in caring for young ones**

**A house**

Def. A house is a building where people live.

Name parts of the house.

**Rooms in the house**

Sitting room

Kitchen

Bed room

Bathroom

Dinning room

Toilets

Store

Reading rooms

**Things found in the sitting room**

Chairs, radio, tables, television, cupboard, carpet

**Things found in a dinning room**

Tables, chairs, cupboard

**Things found in kitchen**

Plates, cups, saucepan, dishes, spoons forks, knives , baskets

**Things found in the bed room**

Bed sheets, mattresses, bed , blankets, pillow

**Activity**

Draw and name any four things found in a kitchen

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**Types of houses**

There are two types of houses.

These are temporary houses and permanent houses

**Temporary houses**

These are houses built using weak building materials

Examples of temporary houses are unipot, hut, tent, kiosk, mud house

**Permanent houses**

These are houses built using strong building materials

These are flats, and bungalows

**Activity**

Draw and name any permanent house

Draw and name any two temporary houses

**Building materials**

Examples of building materials

Grass, wood, mud, stones, sticks, reeds, blocks, poles, tiles, banana fibres, timber , bricks, strings, cement, cow dung, nails.

**Sources of building materials**

Stones quarry

Sand swamp

Grass bush

Timber forest

Reeds bush

Bricks swamp

**Activity**

Draw and name any four building materials

**Write the materials got from these sources**

Grass ………………………… stones…………………………

Sand …………………………… timber …………………………

**Animals**

Types of animals

Domestic animals

Wild animals

**Domestic animals**

Def: Animals that stay at home

Examples of domestic animals

Cats, cow, rabbits, horses, pigs, goats, hens, donkey, ducks, turkeys etc

**Wild animals**

These are animals that stay in the bush, rivers, lakes , oceans and forests.

**Examples of wild animals**

Leopard tiger lion zebra elephant frogs snakes donkey etc

**Uses of domestic animals**

We use donkeys to carry things

A dog keeps bad people away

A cat is a pet

We get beef and milk from cows

We get pork from pigs

We sell some domestic animals to get money

Hens duck, turkeys give us eggs

**Draw these things got from domestic animals**

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| --- | --- | --- |
|  |  |  |
| Eggs | Milk | Meat |

**Meat**

Pork is got from pigs

Mutton is got from sheep

Fillet is got from fish

Chicken is got from a hen

Beef is got from cows

**Animals homes**

A dog stays in kennel

A pig stays in a sty

A lion stays in a den

A man stays in a house

**A fish stays in water**

Ants and termites stay in an ant hill

A bird stays in a nest

A cow stays in a kraal

A rabid stays in a hutch

A sheep stays in a fold /shede

A horse stays in a stable

A bee stays in a hive

A spider stays in a spider web

**Animal young ones**

Dog puppy

Pig piglet

Duck duckling

Cow calf

Cat kitten

Lion cub

Elephant calf

Sheep lamb

Bird nestling

Fish fry

Rabbit bunny

People baby

Butterfly caterpillars

Hen chick

Frog tadpole

Horse foal

**Animal sounds**

A dog barks

A duck quacks

A sheep bleats

A snake hisses

A cat mews

A bird whistles

A bull bellows

An elephant trumpets

A lion roars

A frog crocks

A donkey brays

People cry

**Animal movement**

People walk

Cows walk

Hens walk

Elephants walk

Birds fly

Fish swim

A frog hops

A baby crawls

A snake glides

A caterpillar wriggles

A dog runs

**COMMUNITY**

**Def; Community**

Different people in our community

A community is a group of people living and working together.

**Examples of people in our community**

Teachers, doctors, nurse, builder, farmer, tailor, cooks, carpenter, vendors, driver, cobbler, pilots, police, secretary, police, cyclists, guards, banker

**Activity**

Draw, name and colour these people in our community

**Activities done by people in the community**

Teaching, treating, building, growing crops, and keeping animals, making furniture, buying and selling things. Driver cars, lorries, buses, taxis, making shoes, cutting hair, sawing clothes, tying, keeping law and order

**People in our community and their places of work**

Teachers school

Doctors hospital , clinics

Builder workshop, work site

Traders shop

Police police station

Vendors market

Carpenter workshop

Farmer garden

Pilot airport

**Needs of people in our community**

Food shelter water shelter roads

Security medical care land

**Important features in our community**

Schools, hospitals, market, shops, religious places, roads, hills

Draw and name these features in our community

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|  |  |  |  |
| Church | Mosque | Roads | Hospitals |

**THEME IV: THE HUMAN BODY AND HEALTH**

Sub theme: Parts of the body

Head neck hands finger ears chest navel toes eyes arms skin mouth stomach knee

**Senses and sense organs**

We use eyes to see

We use ears to hear

We use nose to smell

We use the skin to feel

We use the tongue to taste

**Activity**

Match the sense organs with their senses

Nose hearing

Tongue smelling

Skin seeing

Ears tasting

Eyes feeling

**Personal hygiene**

Personal hygiene is the cleanliness of our bodies and things we use to clean it.

**Things we use to carry our personal hygiene**

Sponge sandals razorblade water toothbrush toothpaste tooth pick scissors

Ears buds nail cutter comb towel basin

**Importance and ways of keeping the body clean**

Why do we carry out personal hygiene?

* To avoid or prevent diseases
* To avoid bad body smell
* To avoid bad breathe
* To be clean or smart
* To remove dirt

**Ways of keeping our bodies clean**

* we wash our face
* we comb our hair
* we cut our finger nails short
* we bathe our body
* we cut our toe nails short

**Common diseases at school and at home**

malaria chicken pox

dysentery flu

**Causes of common diseases and spread**

All diseases are spread by germs

* eating bad/ dirty food
* failure to use toilets well
* keeping our homes clean and free from disease vectors
* covering our food.
* Proper waste rubbish dispersal
* Cleaning our fingers/ hands before eating

**Childhood disease (immunization)**

What is immunization?

Immunization is the giving of vaccine to a person to protect or prevent a certain disease

Examples of immunisable diseases

Measles tuberculosis

Tetanus diphtheria

Polio whooping cough

**Signs and symptoms of immunisable diseases**

Tetanus

* stiff muscles all over the body
* red eyes
* sore mouth
* running nose and cough

Tuberculosis

* cough last long
* running nose
* hard to breath

Polio

* lame legs or hands become thin

Diphtheria

* swollen neck
* sore throat
* Finds it hard to breath

**Importance of immunization**

* it reduces on infant mortality rate
* it promotes good health
* it controls childhood diseases

**Theme: Community**

1. A …………………………….is a group of people living and working together.

2. Name any two people in a community

3. Match people with their word

Teacher grows food

Doctor sells in the shop.

Farmer treats sick pupils

Carpenter teaches pupils

Shop keeper makes furniture

4. Mention any two needs of a community

5. Name any three important features in or community

6. Write their places of work

Doctor …………………….

Teacher ……………………

Shop keeper ………………….

Market vendor …………………..

Mechanic ………………….

**Our home**

1. What is a home?

2. Mention any two things which make up a home

3. A group of people related by blood or marriage is called a

4. Name any two types of families

5. A family with father, mother and their children is called

6. Name any two family needs

7. Name the parts of a house

8. Name any two things found in the sitting room

9. Name these houses

…………………… ………………………..

(flat, hut)

10. Name these building materials

…………………… ……………… ………………

11. Name the two groups of animals

12. Circle places where we find wild animals

Home forest classroom water bush

13. Underline only domestic animals

Lion cow monkey pig cat rat

14. Animals Home young one

Cow …………….. calf

……………….. sty piglet

Fish ……………. ……………..

Lion den …………………

**Topical questions**

**1. Theme : Our school**

1. A place where we go to learn is a …………………..

2. We go to school to …………………..(eat, learn)

3. I come to school by ………………………..

4. Name any four things you find on your way to school

5. At school we are taught by ……………………

6. Name these things we find in a classroom

……………………… ……………….. …………

7. Name any two people w find at school

8. Draw these dangers on the way to school

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| --- | --- |
|  |  |
| Snake bite | Car knock |

9. A ……………….heads a school.

10. A ……………….cares for sick pupils.

11. Match people with their places of work

Headmaster kitchen

Teacher sick bay

Cook office

Nurse gate

Guard classroom

12. Name these basic needs of a family

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13. We enable the future is our school ………………

14. Name these ways of keeping the school clean

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(mopping, sweeping)

15. A place where we live is a ………………………

16. Draw these family members

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| --- | --- | --- |
|  |  |  |
| Father | Mother | Children |

**Theme : Human body and health**

1. Name these body parts

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2. Match body parts with their uses

a) we use …………………..for seeing

b) we use ……………….for walking.

c) we use our ……………..for smelling.

d) we use a …………………for tasting.

(ear, nose, legs, eyes, tongue)

3. The cleanliness of our body and things we use to clean is called. …………………….

4. Name any four things we use to clean our body

5. Mention two things we use to clean our teeth

6. Why do we clean our bodies?

7. Name any two common diseases

8. Underline only immunisable diseases

Flu polio measles malaria tetanus

9. Which immunisable disease cause lames?

10. Draw a child suffering from measles

11. Draw and name one thing we use to cut our finger nails.